

Pastoral Care of Adolescents

Dr. Robert Dykstra

Required Reading List

Alexie, Sherman, *The Absolutely True Diary of a Part-Time Indian*
Anderson, Laurie Halse, *Speak*
Anderson, Laurie Halse, *Wintergirls*
Anderson, M. T., *Feed*
Brumberg, Joan Jacobs, *The Body Project*
de Shazer, Steve, Yvonne Dolan, et al., *More Than Miracles: The State of the Art of Solution-Focused Brief Therapy*
Dykstra, Robert C., *Counseling Troubled Youth*
Dykstra, Robert C., Allan Hugh Cole Jr., and Donald Capps, *Losers, Loners, and Rebels: The Spiritual Struggles of Boys*
50 Cent, Playground
Green, John, and David Levithan, *Will Grayson, Will Grayson*
Lipsyte, Robert, *Center Field*
Schmidt, Gary D., *The Wednesday Wars*
Stork, Francisco X., *The Last Summer of the Death Warriors*
Taffel, Ron, *Breaking Through to Teens*
Turkle, Sherry, *Alone Together: Why We Expect More from Technology and Less From Each Other*
Way, Niobe, *Deep Secrets: Boys' Friendships and the Crisis of Connection*
Yang, Gene Luen, *American Born Chinese*
Yang, Gene Luen, *Level Up*
Yoo, Paula, *Good Enough*

Additional Reading

BIBLIOGRAPHY

I. COGNITIVE AND MORAL DEVELOPMENT OF ADOLESCENTS

Belenky, Mary Field, et al. *Women's Ways of Knowing*
Boyd-Franklin, Nancy, *Boys Into Men: Raising Our*
and A. J. Franklin *African American Teenage Sons*
Brown, Lyn Mikel, and Gilligan, C. *Meeting at the Crossroads*
Carskadon, Mary A. *Adolescent Sleep Patterns: Biological, Social, and Psychological Influences*
Coles, Robert *The Moral Life of Children*
Coles, Robert *The Political Life of Children*
Coles, Robert *The Spiritual Life of Children*
Dawsey, D. *Living to Tell About It: Young Black Men in America Speak their Piece*
Elkind, David *Ties That Stress: The New Family Imbalance*
Elkind, David *All Grown Up and No Place to Go*
Elkind, David *The Hurried Child*
Frosh, Mary (ed.) *Coming of Age in America: A Multicultural Anthology*
Gilligan, Carol *In a Different Voice*
Gilligan, Carol, et al. *Mapping the Moral Domain*
Gilligan, Carol, et al. *Women, Girls & Psychotherapy: Reframing Resistance*
Gilligan, Carol, et al. *Making Connections: The Relational Worlds of Adolescent Girls at Emma Willard School*

Groeschel, Benedict J. *Spiritual Passages: The Psychology of Spiritual Development*
Kilbourne, Jean *Deadly Persuasion: Why Women and Girls Must Fight the Addictive Power of Advertising*
Parks, Sharon *The Critical Years*
Saval, Malina *The Secret Lives of Boys: Inside the Raw Emotional World of Male Teens*
Taylor, Jill McLean, et al. *Between Voice and Silence: Women and Girls, Race and Relationship*
Taylor, R. *African-American Youth: Their Social and Economic Status in the United States*

II. THEOLOGICAL PERSPECTIVES ON ADOLESCENCE

Anderson, Herbert, and
Mitchell, Kenneth R. *Leaving Home*
Davis, Patricia H. *Counseling Adolescent Girls*
Dykstra, Robert C., Allan Hugh Cole Jr., and Donald Capps *Losers, Loners, and Rebels: The Spiritual Struggles of Boys*
Dykstra, Robert C., Allan Hugh Cole Jr., and
Donald Capps *The Faith and Friendships of Teenage Boys*
Dykstra, Robert C. *Counseling Troubled Youth*
Hendra, Tony *Father Joe: The Man Who Saved My Soul (memoir)*
Hyde, Margaret O., and Forsyth, Elizabeth *Held Parents Divided, Parents Multiplied*
Lester, Andrew D., ed. *When Children Suffer*
Lester, Andrew D. *Pastoral Care with Children in Crisis*
Little, Sara *Youth, World and Church*
Myers, William R. *Theological Themes of Youth Ministry*
Myers, William R. *Black and White Styles of Youth Ministry*
Nelson, C. Ellis *Helping Teenagers Grow Morally*
Parsons, Richard D. *Adolescence: What's a Parent to Do?*
Parsons, Richard D. *Adolescents in Turmoil, Parents Under Stress: A Pastoral Ministry Primer*
Rice, Wayne *Junior High Ministry*
Rowatt, Jr., G. Wade *Adolescents in Crisis: A Guide for Parents, Teachers, Ministers, and Counselors*
Rowatt, Jr., G. Wade *Pastoral Care with Adolescents in Crisis*
Shelton, Charles M. *Pastoral Counseling with Adolescents and Young Adults*
Shelton, Charles M. *Adolescent Spirituality*
Shelton, Charles M. *Morality and the Adolescent*
Strommen, Merton P. *Five Cries of Youth*
Strommen, Merton P. *Five Cries of Parents*
Warren, Michael *Resources for Youth Ministry*
Warren, Michael *Youth, Gospel, Liberation*
Weaver, Andrew J., John Preston, and
Leigh W. Jerome *Counseling Troubled Teens and Their Families: A Handbook for Clergy and Youth Workers*
Willimon, William H., and
Naylor, Thomas H. *The Abandoned Generation: Rethinking Higher Education*

III. PSYCHOANALYTIC AND PSYCHOTHERAPEUTIC PERSPECTIVES ON ADOLESCENCE

Berg, Insoo Kim, and

Yvonne Dolan Tales of Solutions
Bettelheim, Bruno A Home for the Heart
Blos, Peter On Adolescence
Diamond, Jonathan Fatherless Sons: Healing the Legacy of Loss
Franklin, Anderson J., and
Boyd-Franklin, Nancy Boys to Men: Raising our African American
TeenageSons
Bruckman, David Dean, M.D. Late Adolescence: Psychoanalytic Studies
De Jong, Peter, and Insoo Kim Berg Interviewing for Solutions
de Shazer, Steve, and Yvonne Dolan More Than Miracles: The State of the Art of SFBT
Edgette, Janet Sasson Adolescent Therapy That Really Works
Edgette, Janet Sasson Candor, Connection, and Enterprise in Adolescent
Therapy
Edgette, Janet Sasson Stop Negotiating with Your Teen: Strategies for
Parenting Your Angry, Manipulative, Moody, or Depressed Adolescent
Elson, Miriam The Kohut Seminars on Self Psychology and Psychotherapy with Adolescents and
Young Adults
Erikson, Erik Identity, Youth and Crisis
Erikson, Erik Childhood and Society
Esman, Aaron H. Adolescence and Culture
Feinstein, Sherman, and Giovacchini, Peter, eds. Adolescent Psychiatry (yearly volumes)
Feldman, S. Shirley & Elliott, Glen At the Threshold: The Developing Adolescent
Furman, Ben, and Tapani Ahola Solution Talk: Hosting Therapeutic Conversations
Gibbs, Jewelle Taylor, and Huang, Larke Nahme, et al. Children of Color: Psychological
Interventions with Minority Youth
Haley, Jay Leaving Home
Haley, Jay Problem-Solving Therapy
Katz, Mark On Playing a Poor Hand Well: Insights from the
Lives of Those Who Have Overcome Childhood Risks and Adversities
Kaufman, Miriam Overcoming Teen Depression: A Guide for Parents
Kohut, Heinz The Kohut Seminars on Self Psychology and Psychotherapy with Adolescents and
Young Adults
Masterson, James F. From Borderline Adolescent to Functioning Adult: The Test of Time
Masterson, James F. The Psychiatric Dilemma of Adolescence
Masterson, James F. The Search for the Real Self
Masterson, James F. Treatment of the Borderline Adolescent
Meeks, John E., M.D. The Fragile Alliance: An Orientation to the Psychiatric Treatment of the
Adolescent
Meeks, John E. High Times-Low Times: The Many Faces of Adolescent Depression
Miller, Alice The Drama of the Gifted Child
Miller, Alice Banished Knowledge: Facing Childhood Injuries
Miller, Derek The Age Between: Adolescence and Therapy
Pipher, Mary Reviving Ophelia: Saving the Selves of Adolescent Girls
Pipher, Mary The Shelter of Each Other
Pollack, William Real Boys
Raeburn, Paul Acquainted with the Night: A Parent's Quest to Understand Depression and
Bipolar Disorder in His Children
Rinsley, Donald B. Treatment of the Severely Disturbed Adolescent
Robin, Arthur L. Negotiating Parent-Adolescent Conflict: A Behavioral-Family Systems
Approach
Sax, Leonard Boys Adrift: The Five Factors Driving the Growing Epidemic of Unmotivated Boys
and Underachieving Young Men

Shandler, Sara Ophelia *Speaks: Adolescent Girls Write About Their Search for Self*
Taffel, Ron *Breaking Through to Teens*
Taffel, Ron *The Second Family*
Turkle, Sherry *Alone Together: Why We Expect More from Technology and Less From Each Other*
Ungar, Michael *Strengths-Based Counseling with At-Risk Youth*
Ungar, Michael *Nurturing Hidden Resilience in Troubled Youth*
Van Ornum, William *Crisis Counseling with Children and Adolescents*
Way, Niobe *Deep Secrets: Boys' Friendships and the Crisis of Connection*

IV. HISTORY AND THEORY OF ADOLESCENCE

Bamberger, Michael *Wonderland: A Year in the Life of an American High School*
Bettelheim, Bruno *Symbolic Wounds: Puberty Rites and the Envious Male*
Brumberg, Joan Jacobs *The Body Project: An Intimate History of American Girls*
Csikszentmihalyi, Mihaly, and Larson, Reed *Being Adolescent*
Friedenberg, Edgar Z. *The Vanishing Adolescent*
Hall, G. Stanley *Adolescence* (2 vols.)
Keniston, Kenneth *The Uncommitted: Alienated Youth in American Society*
Kett, Joseph F. *Rites of Passage: Adolescence in America 1790 to the Present*
Levi, Giovanni, and Schmitt, Jean-Claude *A History of Young People in the West*, 2 volumes
Muuss, Rolf E. *Theories of Adolescence*
Odem, Mary E. *Delinquent Daughters: Protecting and Policing Adolescent Female Sexuality in the United States, 1885-1920*
Putney, Clifford *Muscular Christianity: Manhood and Sports in Protestant America: 1880-1920*
Savage, Jon *Teenage: The Creation of Youth Culture*
Schlegel, Alice, and Barry III, Herbert *Adolescence: An Anthropological Inquiry*

V. ADOLESCENT SEXUALITY AND SEXUAL TRAUMA

Aarons, Leroy *Prayers for Bobby: A Mother's Coming to Terms with the Suicide of Her Gay Son*
Adams, Marc *The Preacher's Son*
Anderson, Laurie *Halse Speak* (a novel)
Bauer, Marion Dane *Am I Blue? Coming Out from the Silence* (fictional GLBT short stories)
Bauman, Beth Ann *Rosie and Skate* (a novel; date rape and alcoholism)
Bell, Ruth, et al. *Changing Bodies, Changing Lives: A Book for Teens on Sex and Relationships*
Burd, Nick *The Vast Fields of Ordinary* (a coming-out novel)
Chbosky, Stephen *The Perks of Being a Wallflower* (a novel)
Coles, Robert *Sex and the American Teenager*
DeYoung, Mary *Incest: An Annotated Bibliography*
DeYoung, Mary *The Sexual Victimization of Children*
Elster, Arthur *Adolescent Fatherhood*
Fortune, Marie *Sexual Abuse Prevention: A Study for Teenagers*
Forward, Susan *Betrayal of Innocence: Incest and Its Devastation*
Gordon, Sol *The Sexual Adolescent*
Green, John and David *Levithan Will Grayson, Will Grayson* (a novel)
Harrison, Kathryn *The Kiss: A Memoir*
Hass, Aaron *Teenage Sexuality: A Survey of Teenage Sexual Behavior*
Herman, Judith L. *Father-Daughter Incest*
Hunter, Mic *Abused Boys: The Neglected Victims of Sexual Abuse*
Imbens, Annie, and Jonker, Ineke *Christianity and Incest*
Jacobs, Janet Liebman *Victimized Daughters: Incest & the Development of the Female Self*

Lamb, Sharon *The Secret Lives of Girls: What Good Girls Really Do – Sex Play, Aggression, and Their Guilt*

Levine, Judith *Harmful to Minors: The Perils of Protecting Children from Sex*

Levithan, David *Boy Meets Boy* (a novel)

Lipper, Joanna *Growing Up Fast* (teen pregnancy and parenting)

Madaras, Lynda *The What's Happening to My Body? Book for Boys*

Mastoon, Adam *The Shared Heart: Portraits and Stories Celebrating Lesbian, Gay, and Bisexual Young People*

Miller, Alice *Thou Shalt Not Be Aware: Society's Betrayal of the Child*

Miller, Alice *Breaking Down the Wall of Silence*

Miller, Shelby H. *Children as Parents: A Final Report on a Study of Childbearing and Childrearing Among 12 to 15 Year-Olds*

Morgan, Alphonso *Sons* (a novel)

Read, Kirk *How I Learned to Snap* (gay youth memoir)

Robinson, Bryan E. *Teenage Fathers*

Russell, Diana *The Secret Trauma: Incest in the Lives of Girls and Women*

Ryan, Caitlin, and Donna Futterman *Lesbian and Gay Youth: Care and Counseling*

Smith, Alison *Name All the Animals* (lesbian youth memoir/grief)

Sommer, Barbara *Puberty and Adolescence*

Sugar, Max, ed. *Adolescent Parenthood*

Zelink, Melvin, et al. *Sex and Pregnancy in Adolescence*

VI. ADOLESCENT 'ACTING-OUT' AND DELINQUENCY

Aichhorn, August *Wayward Youth*

Anderson, Elijah *The Code of the Street*

Anderson, Elijah *Streetwise: Race, Class, and Change in an Urban Community*

Bloch, Herbert A. *The Gang: A Study in Adolescent Behavior*

Conterio, Karen, and Wendy Lader *Bodily Harm* (self-injury)

Cottle, Thomas J. *Children in Jail*

Digges, Deborah *The Stardust Lounge: Stories from a Boy's Adolescence* (memoir)

Garbarino, James *Lost Boys*

Garbarino, James, and Kostelny, Kathleen, et al. *No Place to Be a Child*

Hautman, Pete *Godless* (a novel)

Janus, Mark-David, et al. *Adolescent Runaways: Causes and Consequences*

Kettlewell, Caroline *Skin Game* (self injury)

Kotlowitz, Alex *There Are No Children Here*

Lapcharoensap, Rattawut *Sightseeing: Stories* (fictional short stories on coming of age in Thailand)

Price, Richard *Clockers* Scalia, Joseph E. *Freaks* (fictional adolescent outcasts and loners)

Simmons, Rachel *Odd Girl Out: The Hidden Culture of Aggression in Girls*

Stott, D. H. *Delinquency: The Problem and Its Prevention*

Strong, Margaret A *Bright Red Scream: Self Mutilation and the Language of Pain*

Wiseman, Rosalind *Queen Bees and Wannabees: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and Other Realities of Adolescence*

VII. ADOLESCENT DRUG AND ALCOHOL USE AND ABUSE

Barnes, Grace M. *Alcohol and Youth: A Comprehensive Bibliography*

Beschner, George, and Friedman, Alfred S. *Teen Drug Use*

Coffey, Wayne *Straight Talk about Drinking: Teenagers Speak Out about Alcohol*

Denizet-Lewis, Benoit *America Anonymous: Eight Addicts in Search of a Life*
Harrell, Adele V. and George E. Peterson *Drugs, Crime, and Social Isolation: Barriers to Urban Opportunity*
Leite, Evelyn *Different Like Me: A Book for Teens Who Worry About Their Parents' Use of Alcohol and Drugs*
Newton, Miller *Gone Way Down: Teenage Drug Use is a Disease*
Peele, Stanton *The Meaning of Addiction: Compulsive Experience and Its Interpretation*
Polson, Beth, and Newton, Miller *Not My Kid: A Parents' Guide to Kids and Drugs*
Seixas, Judith, and Youcha, Geraldine *Children of Alcoholism*

VIII. EATING DISORDERS AND ADOLESCENTS

Abraham, Suzanne, and Llewellyn-Jones, Derek *Eating Disorders: The Facts*
Anderson, Laurie Halse *Wintergirls* (novel)
Bringle, Mary Louise *The God of Thinness: Gluttony and Other Weighty Matters*
Brownell, K., and Foreyt, J. *Handbook of Eating Disorders*
Brumberg, Joan Jacobs *Fasting Girls: The History of Anorexia Nervosa*
Chernin, Kim *The Hungry Self: Women, Eating, and Identity*
Claude-Pierre, Peggy *The Secret Language of Eating Disorders*
Garfinkel, Paul E., and Garner, David M. *Anorexia Nervosa: A Multi-Dimensional Perspective*
Hall, Lindsey, and Cohn, Leigh *Bulimia: A Guide to Recovery*
Lawrence, Marilyn *The Anorexic Experience*
Lelwica, Michelle *Mary Starving for Salvation: The Spiritual Dimensions of Eating Problems among American Girls and Women*
Levine, Michael *How Schools Can Help Combat Eating Disorders: Anorexia Nervosa and Bulimia*
Levine, Michael *Student Eating Disorders: Anorexia Nervosa and Bulimia* (Washington, D.C., National Education Assn., 1987)
Lock, James, Daniel le Grange, eds. *Treatment Manual for Anorexia Nervosa*
Minuchin, S., et al. *Psychosomatic Families*
Orbach, Susie *Hunger Strike*
Pope, Harrison G., Katharine A. Phillips, and Roberto Olivardia *The Adonis Complex: The Secret Crisis of Male Body Obsession*
Rumney, Avis *Dying to Please*
Siegal, Michelle, et al. *Surviving an Eating Disorder: New Perspectives and Strategies for Families and Friends*
Shaw, Teresa M. *The Burden of the Flesh: Fasting and Sexuality in Early Christianity*

IX. DIVORCE AND ADOLESCENCE

Arnold, William V. *When Your Parents Divorce*
Diamond, Susan A. *Helping Children of Divorce*
Francke, Linda Bird *Growing Up Divorced*
Fuller, Ed *Children of Divorce*
Gardner, Richard *Psychotherapy with Children of Divorce*
Gardner, Richard *The Boys and Girls Book About Divorce*
Hart, Archibald *Children and Divorce*
Hyde, Margaret O. *Parents Divided, Parents Multiplied*
Jewett, C. L. *Helping Children Cope with Separation and Loss*
Wallerstein, Judith, Julia Lewis *The Unexpected Legacy of Divorce: A 25-Year Landmark Study*

X. ADOLESCENT SUICIDE

Aarons, Leroy Prayers for Bobby: A Mother's Coming to Terms with the Suicide of Her Gay Son
Asher, Jay Thirteen Reasons Why (a novel)
Evans, Glen The Encyclopedia of Suicide
Garfinkel, Barry D. Responding to Adolescent Suicide
Hawton, Keith Suicide and Attempted Suicide Among Children and Adolescents
Hewett, John H. After Suicide
Hyde, Margaret O., and
Held Forsyth, Elizabeth Suicide
Jacobs, Jerry Adolescent Suicide
Klerman, Gerald L. Suicide and Depression Among Adolescents and Young Adults
Kolehmainen, Janet Teen Suicide: A Book for Friends
MacLean, G., ed. Suicide in Children and Adolescents
Townsend, Loren L. Suicide: Pastoral Responses

XI. ADDITIONAL NOTABLE YOUNG ADULT NOVELS AND MEMOIRS

Aciman, Andre Call Me By Your Name
Alegria, Malin Sofi Medoza's Guide to Getting Lost in Mexico
Alexie, Sherman The Absolutely True Diary of a Part-Time Indian
Alexie, Sherman Flight
Alvarez, Julia Before We Were Free
Anderson, Laurie Halse Catalyst
Anderson, Laurie Halse Speak
Anderson, Laurie Halse Wintergirls
Anderson, M. T. Feed
Anderson, M. T. The Astonishing Life of Octavian Nothing, 2 vols.
Angleberger, Tom The Strange Case of Origami Yoda
Bauer, Joan Stand Tall
Bauman, Beth Ann Rosie and Skate
Black, Daniel Perfect Peace
Brooks, Kevin iBoy
Burd, Nick The Vast Fields of Ordinary
Cameron, Peter Someday This Pain Will Be Good For You
Chbosky, Stephen The Perks of Being a Wallflower
Collins, Suzanne The Hunger Games
Collins, Suzanne Catching Fire
Collins, Suzanne Mockingjay
Cormier, Robert The Rag and Bone Shop
Crutcher, Chris Whale Talk
Crutcher, Chris Deadline
Crutcher, Chris Staying Fat for Sarah Byrnes
Draper, Sharon Copper Sun
Earley, Tony Jim the Boy
Earley, Tony The Blue Star
50 Cent Playground
Green, John Looking for Alaska
Green, John and David Levithan Will Grayson, Will Grayson
Going, K. L. Fat Kid Rules the World
Guène, Faïza Kiffe Kiffe Tomorrow
Hautman, Pete Godless

Hijuelos, Oscar Dark Dude
Holt, Kimberly Willis When Zachary Beaver Came to Town
Horowitz, Anthony Stormbreaker
Lee, Marie G. Necessary Roughness
Lee, Marie Myung-Ok Somebody's Daughter
Levithan, David Boy Meets Boy
Lipsyte, Robert Center Field
Lu, Marie Legend
McCormick, Patricia Cut
Mitchell, David Black Swan Green
Moehringer, J. R. The Tender Bar (a memoir)
Myers, Walter Dean What They Found: Love on 145th Street
Myers, Walter Dean Monster
Na, An A Step from Heaven
Na, An Wait for Me
Na, An, M. T. Anderson, et al. No Such Thing as the Real World (short stories)
Nam, Vickie Yell-Oh Girls! (edited memoirs)
Rosoff, Meg How I Live Now
Schmidt, Gary D. The Wednesday Wars
Schmidt, Gary D. Okay for Now
Small, David Stitches (a graphic memoir)
Spinelli, Jerry Loser
Stork, Francisco X. Marcelo in the Real World
Stork, Francisco X. The Last Summer of the Death Warriors
Vizzini, Ned It's Kind of a Funny Story
Walker, Melissa Small Town Sinners
Whitehead, Colson Sag Harbor
Wolff, Virginia Euwer Make Lemonade
Wolff, Virginia Euwer True Believer
Woodson, Jacqueline Hush
Woodson, Jacqueline Miracle's Boys
Yang, Gene Luen American Born Chinese
Yang, Gene Luen Level Up
Yoo, Paula Good Enough
Zusak, Markus The Book Thief